

In-Kind Donations

WE GRATEFULLY RECEIVE THINGS WE CAN USE TO ENRICH SURVIVORS' EXPERIENCES AT THE SAPREA RETREAT.

Everything from welcome packages when participants arrive to hands-on classes that foster creativity and expression, your in-kind donations inspire hope and healing.

Hands-on Classes

KINTSUGI

(A Japanese philosophy of recognizing beauty in broken things)

- ◆ Bowls
(3-5 inches wide; ceramic, porcelain, or stoneware)

ART JOURNALING

- ◆ Mixed media paper
- ◆ Cardstock
- ◆ Paintbrushes
- ◆ Acrylic paints

- ◆ Watercolor paints
- ◆ Colored pencils
- ◆ Stickers
- ◆ Markers
- ◆ Washi tape
- ◆ Stamps and ink
- ◆ Gel pens

VISION BOARDING

- ◆ Magazines
- ◆ Glue sticks
- ◆ Scissors

WARRIOR SISTER CARDS

- ◆ Blank cards
- ◆ Colored pens

COLORING

- ◆ Adult coloring books
- ◆ Colored pencils

MEMORY KEYCHAINS

- ◆ Beads
(Roughly pea-sized and have big enough holes for participants that are less dexterous.)

Welcome Packages

- ◆ Journals
When selecting a journal, please avoid composition and spiral-bound notebooks. Also, because our participants come from many backgrounds, avoid journals with religious messaging.
- ◆ Fleece blankets
These are tied blankets. Check out our volunteer page for instructions.
- ◆ Warm socks
- ◆ Drawstring Bags

Forgotten Items

We need travel sizes that are not branded with other organizations or hotels.

- ◆ Soap
- ◆ Toothpaste and toothbrushes
(individually packaged)
- ◆ Shampoo and conditioner
- ◆ Razors
- ◆ Mouthwash
- ◆ Lotion
- ◆ Travel-size hairspray or mousse
- ◆ Floss
- ◆ Hair ties
- ◆ Brushes
- ◆ Combs
- ◆ Nail files and nail clippers
- ◆ Chapstick
- ◆ Feminine hygiene products
- ◆ Heat packs
- ◆ Ice packs
- ◆ Eye masks
- ◆ Earplugs

Miscellaneous

- ◆ Knit hats
- ◆ Scarves
- ◆ Gloves
- ◆ International calling cards

PLEASE SEND ALL IN-KIND DONATIONS TO:

Saprea
Attn: In-kind Donations
4101 N. Thanksgiving Way, STE 100
Lehi, UT 84043

LIVE IN THE AREA?

You can drop them off at the same address
Monday – Friday
from 9:00a.m. to 4:00p.m.

